

2023

Saturday, October 14

NAMI Walks Kauai



Event Time

9:30am

Location

Kealia bike path, next to the Andy Irons sign. We'll walk down the path to Jimmy's Grill and then turn around, back to the starting point.

MENTAL
HEALTH
for
all

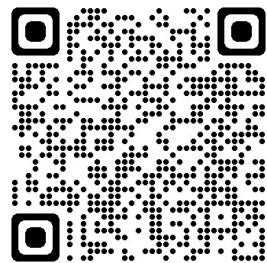
NAMI The National Alliance on Mental Illness

Why We Walk

To promote awareness of mental health and reduce stigma

To raise funds for NAMI's free top rated mental health programs

To build community and let people know they are not alone



Register to Walk is FREE
Namihawaii.org