

## NAMI KAUAI FAMILY SUPPORT GROUP

NAMI (National Alliance on Mental Illness) is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

## a free support group for family members of loved ones dealing with mental illness

2ND WEDNESDAY OF MONTH; 6:00-7:30 PM ON ZOOM

**3RD THURSDAY** OF MONTH; 5:00-6:30 PM @ **LIHUE LIBRARY** 

LAST SATURDAY OF MONTH; 11 AM-12:30 PM @ SALT POND (POTLUCK AFTER)

## **RSVP**:

## 808–631–4982 -- kauai@namihawaii.org

NAMI Kauai and dedicated volunteer members and leaders raise awareness and provide essential education, advocacy and support group programs for people in Kauai living with mental illness and their loved ones.