

Connection Recovery (*Peer*) Support Group

a recovery support group program that offers respect, understanding, encouragement and hope for people with mental health conditions

Every Tuesday @ 1:30 pm Lihue Library (please rsvp for lunch)

- Free and confidential
- Held weekly for 90 minutes
- Designed to connect, encourage, and support participants using a structured support group model
- Led by trained facilitators living in recovery themselves

Contact Karin to RSVP: 808 631-4982 kauai@namihawaii.org

NAMI Kauai raises awareness and provides essential education, advocacy and support group programs for people in Kauai living with mental illness and their loved ones.