

namiWalks Kauai

Saturday October 11 2025

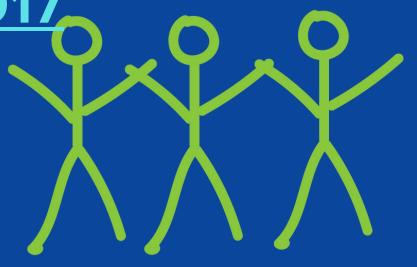
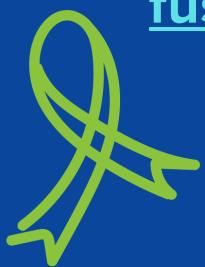
Kealia Bike Path near Lifeguard Tower

9am-11am



Why We Walk

Register: [https://www.namiwalks.org/index.cfm?
fuseaction=donorDrive.team&teamID=75917](https://www.namiwalks.org/index.cfm?fuseaction=donorDrive.team&teamID=75917)



To promote awareness
of mental health and
reduce stigma

To raise funds for NAMI's
free, top-rated mental
health programs

To build community and
let people know they are
not alone