

namiWalks Kauai

Saturday October 11 2025

Kealia Bike Path near Lifeguard Tower

9am-11am



Why We Walk

Register: <https://www.namiwalks.org/index.cfm?fuseaction=donorDrive.team&teamID=75917>



To promote awareness
of mental health and
reduce stigma



To raise funds for NAMI's
free, top-rated mental
health programs



To build community and
let people know they are
not alone